

QUICK SOLUTION GUIDE



CASE **#67**

RALPH SANDFORD

WWW.BODYINTERACT.COM

The strategy proposed in this document to successfully solve this case follows most recent guidelines and/or expert opinion. It is just one example: as in real practice, different approaches can reach the same final results.

BODY INTERACT™
CLINICAL REASONING EDUCATION

STRATEGIES FOR DIAGNOSIS & TREATMENT OPTIONS

1. Ask questions to the patient:

DIALOGUE > MEDICAL CONDITION

- What happened to you?
- Concomitant health conditions?
- Did you have any severe illness or injury before?

DIALOGUE > MEDICATION

- What medication have you been taking?
- Have you started any new medication?

DIALOGUE > NUTRITION

- When was the last time that you had something to eat?

2. Initiate Vital Signs Monitoring:

MONITORING

- Blood pressure
- Diuresis
- Temperature
- Heart rate

- Oxygen saturation
- Respiratory rate
- Blood glucose

3. Initiate physical exam:

PHYSICAL EXAM > AIRWAY

Airway observation

PHYSICAL EXAM > BREATHING

Lungs auscultation

PHYSICAL EXAM > CIRCULATION

- Pulse palpation
- Capillary refill time
- Heart auscultation

PHYSICAL EXAM > DISABILITY

- Pupil light reflex
- Glasgow coma scale

4. Order tests:

TESTS > DECISION AIDS

FAST Scale

5. If the patient has Hypoglycemia, give:

MEDICATION > FLUIDS & ELECTROLYTES

10% Dextrose 30%, 80 mL IV bolus

6. If the patient has Hypoxia / Severe Hypoxia, give:

INTERVENTION > OXYGEN

- Nasal cannula 2mL/min
- High flow mask 40%

7. Other required Intervention:

CALL > NOTIFY HOSPITAL

Patient is transferred to hospital